

# THE 17: SPIRITUALLY HEALING CHILDREN'S EMOTIONAL WOUNDS

## Children of Spirit

We believe that children being born today are coming to Earth as pure channels of God.

Their old, old souls are still warm with the memory of eternal and universal knowledge. Their deep, deep eyes hold the wisdom — and the secrets — from before the beginning of time until the end of days.

Most of all, they know the Divine blueprint for our universe. They come to Earth holding a clear and immediate vision of peace and perfection for us and for our world.

These precious children are “old souls,” with eternal soul memory, who have come to open the way for a massive paradigm shift for our entire universe.

**These knowing children are called “The Indigo Children.”**

**We believe that, now, more than 80% of all newborns are “Indigos,”** giving our world an extraordinary and ever-growing circle of wise and wondrous souls.

## Here on Earth

Even with — perhaps, because of — the Light and Love they bring, and even with the expansion and evolving consciousness they mean for our world, our children have a big problem.

**Increasingly, more and more of our children are having a terrible time living this Earth-life.** They come in perfection, and they are tossed into our wildly imperfect world. When they experience this great chasm between the perfection and holiness of their source, and the battered bruised existence they find here, they feel wounded at the core of their spiritual, energetic beings. Their hearts and their souls ache.

**The tremendous dissonance between their perfect knowing and their greatly imperfect this-world experience causes our children great pain and anguish.**

In their pain, so many of our children are angry, and sad, and in despair. They feel so uncomfortable in their bodies; they are disillusioned, and confused, and uncertain. They have a very hard time coping with life. So, in their fear and desperation, our children “play out,” and “act out” their pain. Many of our children lash out in ways that are deeply harmful to themselves and to those around them.

## And So

Because we, their parents and teachers, often think in “traditional” terms, and because we are not always aware of the uniqueness of these special children and the pain they are experiencing, we often consider these young ones “difficult children,” who are “hard to manage and hard to control,” who “act out,” and are unable to “fit in,” who do not “go along” or “get along.”

We often put them in special education classes, shuffle them from counselor to therapist, and label them ADD, ADHD, or ODD. When all else fails, we medicate them with prescription drugs to make them “easier to control.”

## Healing

Most everyone who has tried to ease the pain of the Indigo Children has succeeded to some extent. Many have had significant impact.

But, collectively, all have failed., because all the attempts to heal our children have been made on a rational, intellectual, cognitive level.

**Yet, the hurt and pain our children feel reside on the spiritual, energetic level, and that is where the healing must take place.**

**Our Spiritual Guidance — has given us spiritual healing processes for our Indigo Children’s emotional wounds so that our Indigo Children — and**

**Adult Indigos. too — can be healed from the pain and anguish of their spiritual woundings.**

## Spiritual Healing

*The 17: Spiritually Healing Children's Emotional Wounds* is a therapeutic process — sourced in the world of the Spirit — that celebrates our children's inherent knowing; heals their emotional woundings; brings life-changing transformation to their attitudes and behaviors, and affirms their soul-vision of a perfect world.

**There are 17 emotional wounds that Indigo Children can hold.**

These woundings have this-world names, but because these woundings are on the spiritual, energetic level, they are defined differently from the way they would be known on the rational, cognitive level.

Each wounding is sourced in the separation from God, and the bewilderment and pain that results.

**The woundings are:**

1. **ANGER**

*the need to defend oneself, through attack, against the harshness of this-world experience.*

2. **GRIEF**

*weeping at the separation.*

3. FEAR

*the experience of being in danger because of being too small, “too little.”*

4. DISTRUST

*not being able to count on any reality as certain.*

5. DESPAIR

*giving up the connection to the breath of God.*

6. ANGUISH

*the belief in aloneness.*

7. SHAME

*being embarrassed in front of the whole cosmos.*

8. INSECURITY

*the experience of having no solid ground inside.*

9. SELFISHNESS

*the fear of coming out to interact with this-world experience.*

10. LOSS

*not being able to find one’s own heart.*

11. PANIC

*the experience of being suspended in mid-air,  
with nothing to grasp or hold on to.*

12. INFERIORITY

*the belief: "I'll never be as good as God."*

13. HATRED

*the experience of feeling as though one does not  
deserve reunion.*

14. INDIGNATION

*holding righteousness in response to the lack of  
dignity expressed for God's creatures.*

15. RESENTMENT

*the wish that the world matches the inner vision.*

16. JEALOUSY

*wanting what the angels have.*

17. GUILT

*holding oneself responsible for the lack of  
perfection in the world.*

## The YOUMEES

**The way to unblock each separate wounding, is through playing a little ritual/ceremony/game designed especially for that particular wound.**

There is one healing ritual/game for each of the 17 spiritual woundings.

The ritual/game is to be played by the child and one parent.

Each ritual/game takes no more than two or three minutes to play.

**Each healing game is called a YOUMEE, because it is done between “you” and “me” — the child and the parent.**

**The YOUMEES — which are played by following a specific script and exact order of words and actions — are for children between the ages of seven and seventeen.**

Some of the 17 YOUMEES are played during an initial session. Then, three months later, the remaining YOUMEES are played.

**The YOUMEES are fun games** that children and parents enjoy playing.

**And, most important, after playing the YOUMEES, parents report swift and dramatic change in their children’s behaviors and attitudes!**

*The 17* is not necessary for every child because only some 80% of the children being born now are Indigos. That means that 20% of our children will not behave as Indigos, will not feel the dissonance between this Earth and the Other Side that Indigos feel.

Yet, for the vast majority of the Indigo Children who currently populate our earth, *The 17* can be a formidable and powerful way to spiritually heal our

children's energetic, emotional woundings, and produce dramatic and effective life-change.

## The Platinum Indigos

The Platinum Indigo Children — a sub-category of Indigo Children — began coming into this Earth-life in 1964, and, now, more than 60% of our Indigo Children are Platinums. So, it is very likely that a very high percentage of our children are Platinums.

Platinums are hyper-sensitive to certain foods and environmental conditions, to emotional intensity, confusion and chaos; and they have a very low tolerance for stress and frustration. They often have learning disorders and/or comprehension and expression disorders. Since our littlest ones may not yet talk, or may have trouble finding the words to describe their discomfort, they often act out their pain in emotional and physical extremes. They often “lose it” or “melt-down.”

Platinums will benefit from a special healing process called The Limitation Release. **So, if you sense that your child is a Platinum Indigo, you will add The Limitation Release to *The 17*.**

**You can learn more about *The 17* in the essay, “Trailing Clouds of Glory,” and find the step-by-step detailed instructions for facilitating *The 17* for you children in our book, *Spiritually Healing the Indigo Children (and Adult Indigos, Too!): The Practical Guide and Handbook*.**



## Dearest Parents

Even though many of our children, because of their inherent knowing, may perceive and be aware of much more about themselves than we grasp, **our singular and sacred job as parents is to help sustain the Divine light that is within our children.**

In the words of the ancient sage, Philo, “What God is to the world, parents are to their children.”

The only way your children — and our world with them — can heal is when you make the conscious decision to be their hope, their guide.

Your children need you; they are counting on you.

With *The 17*, you now have the understanding; you now have the tools.

Now is the time to invite your children to healing; to invite them to come into the fullness of their Beings.

Now is the time to help your children embrace their vision of a perfect world, so that, through them, Earth can be Eden once again.





